What happens when you drink REVERSE OSMOSIS water.

When water is cleaned through the reverse osmosis method it is stripped of all solids and results in water with a TDS (total dissolved solids) reading of less than 10. It has now been stripped of all the good and the bad in the water. Resulting in HUNGRY WATER, demineralised water.

When drinking demineralised water – Cells are unhealthy, they stack upon one another, their surface area is greatly reduced, decreasing the oxygen that may have been used by the body (dehydrated).

Our bodies rely on ionic minerals and trace elements to conduct and generate billions of tiny electrical impulses. Without it nothing in your body would function. We need specific minerals and trace elements. Our bodies do not produce these automatically.

Drinking demineralised water flushes minerals out of your blood, bones, and organs; compromising your immune system and long term health.

REVERSE OSMOSIS WATER is HUNGRY water. It is available at less than R1/L but is not ideal for human consumption. It does not contain the essential minerals.

What is REVERSE OSMOSIS WATER good for:

- Washing cars
- Car batteries
- Aquariums

Health Risks attributed to drinking demineralised (REVERSE OSMOSIS) water:

- Pre-term birth / Low weight at birth
- Some types of cancer
- Neurodegenerative diseases
- Increased Diuresis, around 20%
- Hyponatremic shock or delirium
- Decreases bio-electrical impulses
- Morphological changes in kidneys
- Increased mortality from cardiovascular disease
- Increased body water volume
- Increased secretion of cortisol
- Higher risk of fracture in children
- Reduced skeletal ossification in foetuses
- Swollen vascular endothelium limiting the blood flow